# CSE 300 – Week 05 Assignment Report

Name:

## Informational Interview Progress

During this semester you need to complete three informational interviews. Part of this week’s assignment is to report on your progress.

1. How many of the three informational interviews have you completed so far during this course?
2. If you have not completed three informational interviews yet, you should contact at least five people each week to try to arrange these. List the people you contacted this week for potential informational interviews:

|  |  |  |
| --- | --- | --- |
|  | Person | Company |
| 1 |  |  |
| 2 |  |  |
| 3 |  |  |
| 4 |  |  |
| 5 |  |  |

## STAR Model Reporting

Report on three skills you found that are required for jobs in your area. For each one, fill out each part of the tables below:

### Skill #1

|  |  |
| --- | --- |
| Describe the Skill | [Fill in this table…] |
| Situation |  |
| Task |  |
| Action |  |
| Result |  |

### Skill #2

|  |  |
| --- | --- |
| Describe the Skill | [Fill in this table…] |
| Situation |  |
| Task |  |
| Action |  |
| Result |  |

### Skill #3

|  |  |
| --- | --- |
| Describe the Skill | [Fill in this table…] |
| Situation |  |
| Task |  |
| Action |  |
| Result |  |

## Report on Practice Interviews

For this assignment, you were asked to have a practice interview with three people (such as a friend or family member) to practice your general interviewing skills.

Fill out the following table to report on the practice interviews you conducted.

|  |  |  |  |  |
| --- | --- | --- | --- | --- |
|  | **Date** | **Interviewer Name** | **Your relationship to the interviewer (friend, family, etc.)** | **Length of interview (minutes)** |
| Interview #1 |  |  |  |  |
| Interview #2 |  |  |  |  |
| Interview #3 |  |  |  |  |

## Reflection Questions:

1. What was the most important insight you gained from this assignment?

2. What was the most difficult question you were given in one of your practice interviews? Why do you think this was difficult for you?

3. What are three things that you can improve on in your general interviewing skills?